



17th September 2020

Dear Parents / Carers,

Young Carers

It has been lovely to see so many children settle back into school life so quickly and thank you for your supportive messages and never-ending patience during this time.

Our pastoral team are always looking for ways to further support the children in school and help them to continue to improve their resilience skills and develop their physical and emotional well-being. We are aware that there are now a growing number of children who are doing an amazing job of supporting family members in their role as a Young Carer.

Young carers are people aged between 5 and 18 years old who have a responsibility for looking after or helping someone else to look after a person who has a disability, a long term illness, mental health illness, Autism/ADHD or someone addicted to drugs or alcohol. That person could be their mum, dad, brother, sister, grandparent or even a close friend or neighbour.

As a young carer they may help out by going shopping, cooking, cleaning, making sure the person they care for takes their medicine, talking and listening to them when they are not very happy, looking after their brothers and sisters or anything else that helps out at home.

Please only complete the survey (by clicking on the link below) if you think your child currently fulfils the criteria of a Young Carer or they are already registered with the service so we can provide any extra support they may need regarding their physical, mental and emotional health.

<https://forms.office.com/Pages/ResponsePage.aspx?id=sb5LwgMZxESmqDxLKjO7ZG4FoFutXiFFizOSNNBfWy5UREs3VjJCVVU0OEVEVENRTFNXT0ZOUeIKUC4u>



If you have any immediate questions or concerns that you would like to discuss in more detail, please email the pastoral team on pastoral@phoenix.coventry.sch.uk or telephone school on 02476 613932 and ask for Mrs Webb or Miss Simpson.

If you would like any further information about the role of a young carer, then please visit the following websites;

<https://www.youngcarerscoventry.com/>

<https://www.nhs.uk/conditions/social-care-and-support-guide/support-and-benefits-for-carers/being-a-young-carer-your-rights/>

<https://www.carersuk.org/help-and-advice/practical-support/getting-care-and-support/young-carers-and-carers-of-children-under-18>

Kind regards,



Mrs K Webb

Deputy Headteacher

